



HEALTH & THE ENVIRONMENT

23 cards

Rules:

You have to go into detail when you answer each question. If the question does not fit at all, please pick another card.



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1. Do you live a healthy life?



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2. Do you exercise?



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3. What do you do when you have the flu?



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4. Do you suffer from stress? What do you do against it?



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5. Which drinks are unhealthy, in your opinion?



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6. Do you separate waste?



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7. What do you think of the use of plastic bags?



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8. Do you try to avoid plastic?



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9. Do you know someone who has become very old? What is the secret of their longevity?



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10. In your opinion, what are the greatest environmental problems?



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11. Do you think that the climate is changing/has changed?



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12. Do you think that everyone can do something to protect our environment?



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13. Is it possible to protect the environment as well as maintaining our way of life?



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14. In your opinion, what is the ideal source of energy?



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15. How can mobility and environmental protection be combined?



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16. Do you think that every single person can do something to reduce energy consumption?



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17. Are renewable energies opportunities or threats to our planet?



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18. Do you think that you can be seriously addicted to your smartphone?



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19. What are the most dangerous drugs in your opinion?



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20. Do you think one can consume drugs without becoming addicted?



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21. Which advice should one take in order to stay healthy?



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22. Could the obsession with health become a problem too? (e.g. hypochondriacs, extreme athletes, people who buy organic only...)



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23. Is it easy to reverse climate change?
Who is suffering from it?